

Get Your Seasonal Flu Immunization TODAY and PROTECT YOURSELF!

PLEASE NOTE:

We currently have limited supplies
of the adult Flu Shot.

To help prevent the spread of the Flu,
NNMC will be administering immunization to:

- All Active Duty Personnel
- Eligible Beneficiaries
- All NNMC Staff (Civilians, contractors, volunteers and reservists)

Bring your: Military I.D. Card, NNMC Badge, or
Green Registration Card (if you have one).

Flu Shot: (inactivated vaccine)

WHO: Children 6 months to 4 years of age
2 to 49 years of age with specified medical conditions
Anyone 50 or older

FluMist®: (sprayed into nostrils)

WHO: 2 to 49 years of age AND healthy

Both the FluMist® and Flu Shot are available
at the Immunization Clinic, Bldg 9, 1st Floor

For additional information please call: 301 295-5798 (Option 1)
Or visit the NNMC Website at www.bethesda.med.navy.mil